



# MEMORY STAR WAND

The concept behind the memory star wand is that it encourages its owner to share memories of someone who has died. They might also ask others to share a memory to make sure that these memories continue to shine brightly

All you need is a piece of paper or card, scissors, glue, a long thin stick (like a skewer), some ribbons and glitters / pens / stickers / beads for decoration.

Start with your piece of paper and cut out two identical stars (approximately 10 centimeters wide) and stick your ribbons to one of the stars. Next, glue the sticker to the same star.

Cover the same side of the same star with lots of glue and place the second star exactly on top of the first one, making sure that the ribbon and skewer are in between the two stars.

Your magic, memory wand is ready for you to decorate if you want to.

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Thank you to Rosalie Kuyvenhoven, Celebrant at Rituals Today, for sharing her beautiful memory wand with us. <https://www.ritualstoday.co.uk/>

For more suggested activities which may be helpful in supporting the development of healthy continuing bonds, please visit

<https://fullcirclefunerals.co.uk/bereavement-support/continuing-bonds/>

